

Behavioral Health Providers:

In an effort to eliminate any barriers to care that might exist in relation to the COVID-19 virus, the maximum number of members that may participate in group therapy sessions via telehealth will be increased from 10 to 20 members. The change will be effective March 1, 2021, until the end of the public health emergency (PHE).

Group therapy will be limited to 2 to 20 unrelated members and/or collaterals as necessary, for the purpose of implementing each member's treatment plan. The service is targeted at reducing or eliminating specific symptoms or behaviors related to a member's mental health and/or substance abuse disorders.

Claims that are submitted for payment may be reviewed through our utilization management vendor.

Please follow the telehealth policy in the [CMS 1500 Provider Manual](#), using the GT modifier to identify the claims. For example, H0046 – GT will be billed for group therapy via telehealth.